



# Course Specification

— (Bachelor)

Course Title **Basic adult care nursing**

Course Code : **MID26233**

Program: **Bachelor of Midwifery Sciences**

Department: **Nursing**

College: **College of Applied Medical Science**

Institution: **University of Bisha**

Version: **1**

Last Revision Date: **30 July 2023**





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## A. General information about the course:

### 1. Course Identification

#### 1. Credit hours: 4(2+2)

4(2+2)

#### 2. Course type

- A. ☐ University ☐ College ☒ Department ☐ Track ☐ Others
- B. ☒ Required ☐ Elective

#### 3. Level/year at which this course is offered: (5<sup>th</sup> level / 3rd year)

#### 4. Course general Description:

This course is designed to continuous of adult health care I. This will also develop the student's intellectual and imaginative abilities in order to facilitate the development of independent judgment and problem-solving skills and critical awareness in order to stimulate an enquiring and creative approach to both the theory and practice of critical care nursing. Emphasis is on rapid assessment, setting priorities, rapid decision-making and appropriate nursing interventions. The course may include: preoperative management, hypertension, disturbance in elimination, vascular alteration, dermatologic problems, and so on

#### 5. Pre-requirements for this course (if any):

NUR26222

#### 6. Pre-requirements for this course (if any):

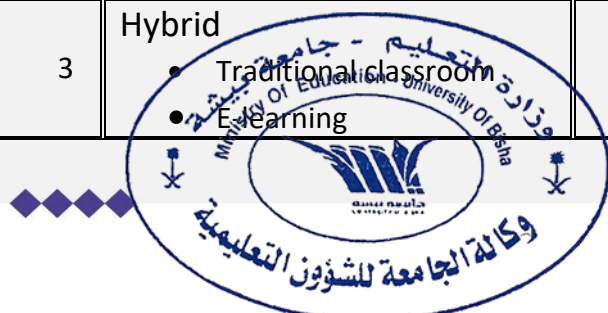
NA

#### 7. Course Main Objective(s):

- Provide students with up-to-date knowledge that will allow them to think critically, and creatively when managing patients.
- Using the nursing process as a theoretical framework.
- Promote and maintain physical and psychosocial integrity of patients.
- Describe the nursing management of the patient with preoperative, pulmonary disorders, altered in metabolism and absorption, gastrointestinal , cardiovascular, hematologic and dermatologic disorders.

### 2. Teaching mode (mark all that apply)

| No | Mode of Instruction                                                                                    | Contact Hours | Percentage |
|----|--------------------------------------------------------------------------------------------------------|---------------|------------|
| 1  | Traditional classroom                                                                                  | 24            | 27%        |
| 2  | E-learning                                                                                             | 6             | 7%         |
| 3  | Hybrid <ul style="list-style-type: none"> <li>• Traditional classroom</li> <li>• E-learning</li> </ul> |               | -          |





| No | Mode of Instruction | Contact Hours | Percentage |
|----|---------------------|---------------|------------|
| 4  | Others(practical )  | 60            | 66%        |
| 5  | Total               | 90            | 100        |

### 3. Contact Hours (based on the academic semester)

| No    | Activity                       | Contact Hours |
|-------|--------------------------------|---------------|
| 1.    | Study                          | 24            |
| 2.    | E-learning                     | 6             |
| 3.    | lab                            | 60            |
| 4.    | Projects/seminar               | 10            |
| 5.    | Others (specify) self-learning | 60            |
| Total |                                | 150           |

### B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

| Code | Course Learning Outcomes                                                                         | Code of CLOs aligned with program | Teaching Strategies  | Assessment Methods |
|------|--------------------------------------------------------------------------------------------------|-----------------------------------|----------------------|--------------------|
| 1.0  | Knowledge and understanding                                                                      |                                   |                      |                    |
| 1.1  | Define concepts and trends in postpartum care.                                                   | K1                                | Interactive lectures | Written exam       |
| 1.2  | Describe the roles of the surgical team during the intraoperative phase of care.                 | K2                                |                      |                    |
| 1.3  | Identify appropriate management for vascular disorders and pain                                  | K2                                |                      |                    |
| 1.4  | List Causes and clinical manifestations for angina pectoris, hemorrhoid, anemia, so on           | K3                                |                      |                    |
| 1.5  | Describe the treatment of elimination, pulmonary, vascular disorders, anemia and hypertension.   | K3                                |                      |                    |
| 1.6  | Identify nursing management for post anesthesia care unit, appendectomy, iron deficiency anemia. | K1                                |                      |                    |
| 2.0  | Skills                                                                                           |                                   |                      |                    |
| 2.1  | Discuss the different approaches in adult                                                        | S1, S2, S3                        | Lab training         |                    |

| Code | Course Learning Outcomes                                                                        | Code of CLOs aligned with program | Teaching Strategies                                                 | Assessment Methods                              |
|------|-------------------------------------------------------------------------------------------------|-----------------------------------|---------------------------------------------------------------------|-------------------------------------------------|
|      | health management                                                                               |                                   | Clinical round                                                      |                                                 |
| 2.2  | Use critical thinking and decision making in developing nurse care plan                         | S2, S4, S6                        |                                                                     | Case Scenario Nursing Care Plan Practical exams |
| 2.3  | Utilize all appropriate methods in handling adult problems                                      | S1                                |                                                                     |                                                 |
| 2.4  | Integrate knowledge acquired in developing appropriate plan of care in adult health management. | S2, S6                            |                                                                     |                                                 |
| 3.0  | Values, autonomy, and responsibility                                                            |                                   |                                                                     |                                                 |
| 3.1  | Use information technology in management of the medical data                                    | V1                                | Lectures<br>Lab training<br>Clinical setting<br>Team based learning | Presentation Assignment                         |
| 3.2  | Communicates expertly with the patient and staff during care. consider legal aspects            | V2                                |                                                                     |                                                 |
| 3.3  | Engage in effective teamwork with respect of ethical issues.                                    | V3                                |                                                                     |                                                 |

### C. Course Content

| No  | List of Topics                                     | Contact Hours |
|-----|----------------------------------------------------|---------------|
| 1.  | Introduction to course and pain management         | 2             |
| 2.  | Fluid and electrolytes balance and disturbance     | 2             |
| 3.  | Oncology nursing management in cancer care         | 2             |
| 4.  | Preoperative nursing management                    | 2             |
| 5.  | Intraoperative nursing<br>Post-Operative nursing   | 2             |
| 6.  | Altered pulmonary function :                       | 3             |
| 7.  | Cardiovascular and circulatory function            | 6             |
| 8.  | Digestive and gastrointestinal function            | 6             |
| 9.  | Hematologic function                               | 6             |
| 10. | Management of Patients with dermatologic Problems: | 3             |
|     | <b>Total</b>                                       | <b>30</b>     |
| 11. | List of practical Topics                           |               |
| 12. | Taking medical history                             | 4             |
| 13. | Turning, coughing, and deep breathing Exercises    | 4             |
| 14. | Use of incentive spirometer                        | 4             |
| 15. | Follow the standard precaution                     | 4             |
| 16. | Sample collection                                  | 4             |

|       |                                                      |    |
|-------|------------------------------------------------------|----|
| 17.   | Peripheral intravenous cannula (PIVC) insertion      | 3  |
| 18.   | Care of the patient with Nasogastric tube (NGT)      | 3  |
| 19.   | Care of the patient with crutch, cane and walker     | 3  |
| 20.   | ECG performance                                      | 3  |
| 21.   | Oxygen therapy                                       | 4  |
| 22.   | Nursing care for drain and performing suture removal | 4  |
| 23.   | Post - operative nursing care                        | 4  |
| Total |                                                      | 60 |

## D. Students Assessment Activities

\*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

| No | Assessment Activities *          | Assessment timing (in week no)   | Percentage of Total Assessment Score |
|----|----------------------------------|----------------------------------|--------------------------------------|
| 1. | Continuous assessment            | All through                      | 30%                                  |
| 2. | Mid exam: Practical and theory   | 6 <sup>th</sup> -7 <sup>th</sup> | 20%                                  |
| 3. | Final exam: Practical and theory | 16 <sup>th</sup>                 | 50%                                  |
| 4. | <b>Total</b>                     |                                  | <b>100%</b>                          |

## E. Learning Resources and Facilities

### 1. References and Learning Resources

|                       |                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Essential References  | BRUNNER & SUDDARTH'S TEXT BOOK Of Medical – Surgical Nursing 13th edition 2014. Philadelphia: Lippincott Williams & Wilkins<br>Lewis's Medical-Surgical Nursing: Assessment and Management of Clinical Problems, Single Volume 11th.                                                                                                                                                                                              |
| Supportive References | Delmers's- Fundamental and advanced Nursing skills, Delmar is a division of Thomson Learning. 2000<br>Sheryl Sommer, PhD, RN, CNE et al, RN ADULT MEDICAL SURGICAL NURSING EDITION 9.0- Derek Prater Publishers                                                                                                                                                                                                                   |
| Electronic Materials  | <ul style="list-style-type: none"> <li>- <a href="https://journal.ilpnetwork.org/articles/10.31389/jlnc.16/">https://journal.ilpnetwork.org/articles/10.31389/jlnc.16/</a></li> <li>- <a href="https://www.WHO.com">https://www.WHO.com</a></li> <li>- <a href="https://uk.sagepub.com/en-gb/eur/essentials-of-nursing-adults/book252097">https://uk.sagepub.com/en-gb/eur/essentials-of-nursing-adults/book252097</a></li> </ul> |

Other Learning Materials

Blackboard materials – digital library

## 2. Required Facilities and equipment

| Items                | Resources                                                                                                                                                                                                    |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| facilities           | 1. Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.)<br>- Size of classroom appropriate<br>- E- learning lab<br>- Clinical training in hospital suitable for student<br>- Nursing lab |
| Technology equipment | - Data show<br>- Blackboard<br>- Laptop computer<br>- Computer based simulator<br>Project system                                                                                                             |
| Other equipment      | - E- books electronic<br>Online US Library                                                                                                                                                                   |

## F. Assessment of Course Quality

| Assessment Areas/Issues                     | Assessor                                                                            | Assessment Methods |
|---------------------------------------------|-------------------------------------------------------------------------------------|--------------------|
| Effectiveness of teaching                   | Students<br>Course coordinator<br>Program Leaders                                   | Direct /indirect   |
| Effectiveness of Students assessment        | Students<br>Course coordinator<br>Program Leaders<br>Examination revision committee | Direct /indirect   |
| Quality of learning resources               | Course coordinator<br>Peer reviewer<br>Examination revision committee               | Direct /indirect   |
| The extent to which CLOs have been achieved | Program Leader<br>Course coordinator                                                | Direct /indirect   |

**Assessors** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

**Assessment Methods** (Direct, Indirect)

## G. Specification Approval

|                    |  |
|--------------------|--|
| COUNCIL /COMMITTEE |  |
| REFERENCE NO.      |  |
| DATE               |  |

